# **Autumn 1 - Being Me in My World Puzzle Map - Y1**





Piece (lesson)	RSHE guidance reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions
1. Special and Safe	H7	I know how to use my Jigsaw Journal	I feel special and safe in my class
2. My Class	R7, R14	I understand the rights and responsibilities as a member of my class	I know that I belong to my class
3.Rights and Responsibilities	R9, <mark>R12,</mark> R14, R16	I understand the rights and responsibilities for being a member of my class	I know how to make my class a safe placefor everybody to learn
4.Rewards and Feeling Proud	H2, H3	I know my views are valued and can contribute to the Learning Charter	I recognise how it feels to be proud of anachievement
5. Consequences	H4	I can recognise the choices I make and understand the consequences	I recognise the range of feelings when I facecertain consequences
6.Owning our Learning Charter	R12, R16	I understand my rights and responsibilities within our Learning Charter	I understand my choices in following the Learning Charter

#### Vocabulary

Safe, Special, Calm, Belonging, Special,

Learning Charter, Jigsaw Charter, Rewards, Proud, Consequences, Upset, Disappointed, Illustration

### **Autumn 2 - Celebrating Difference Puzzle Map - Y1**



Piece (lesson)	RSHE guidance reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions
1.The same as	R5, R12, R16	I can identify similarities between people inmy class	I can tell you some ways in which I am thesame as my friends
2. Different from	R12, R16, H7, H8	I can identify differences between people inmy class	I can tell you some ways I am different frommy friends
3.What is 'bullying'?	R17, R29, H7, H8	I can tell you what bullying is	I understand how being bullied might feel
4.What do I do about bullying?	R17, R29, R31, R32, H9,	I know some people who I could talk to if I was feeling unhappy or being bullied	I can be kind to children who are bullied
5.Making new friends	R2, R8, R9, R10, R11, R13,R19, R25	I know how to make new friends	I know how it feels to make a new friend
6.Celebrating difference; celebrating me	R12, H2, H3	I can tell you some ways I am different frommy friends	I understand these differences make us allspecial and unique
Assessment Opportunity			

#### Vocabulary

Similarity, Same as, Different from, Difference, Bullying, Bullying behaviour, Deliberate, On purpose, Unfair, Included, Bully, Bullied, Celebrations, Special, Unique

### **Spring 1 - Dreams & Goals Puzzle Map - Y1**





Piece (lesson)	RSHE guidance reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions
1. My Treasure Chestof Success	H1	I can set simple goals	I can tell you about a thing I do well
2. Steps to Goals		I can set a goal and work out how to achieveit	I can tell you how I learn best
3. Achieving Together Puzzle outcome: Dream wellies	R12, R16	I understand how to work well with a partner	I can celebrate achievement with my partner
4. Stretchy Learning Puzzle outcome: Stretchy flowers		I can tackle a new challenge and understandthis might stretch my learning	I can identify how I feel when I am faced witha new challenge
5. Overcoming Obstacles	R30, H4	I can identify obstacles which make it more difficult to achieve my new challenge and can work out how to overcome them	I know how I feel when I see obstacles and how I feel when I overcome them
6. Celebrating My SuccessAssessment Opportunity	H3	I can tell you how I felt when I succeeded in a new challenge and how I celebrated it	I know how to store the feelings of successin my internal treasure chest

#### Vocabulary

Proud, Success, Treasure, Coins, Learning, Stepping-stones, Process, Working together, Team work, Celebrate, Learning, Stretchy, Challenge, Feelings, Obstacle, Overcome, Achieve

### **Spring 2 - Healthy Me Puzzle Map - Y1**





Piece (lesson)	RSHE guidance reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions
1. Being Healthy	H1, H2, H5, H6, H18, H19,H28	I understand the difference between being healthy and unhealthy, and know some waysto keep myself healthy	I feel good about myself when I makehealthy choices
2. Healthy Choices	H1, H3, H5, H6, H18, H19,H22, H23, H28	I know how to make healthy lifestyle choices	I feel good about myself when I makehealthy choices
3.Clean and Healthy	H6, H18, H30	I know how to keep myself clean and healthy, and understand how germs cause disease/illness  I know that all household products including medicines can be harmful if not used properly	I am special so I keep myself safe
4. Medicine Safety	H6, H18	I understand that medicines can help me if I feel poorly and I know how to use themsafely	I know some ways to help myself when I feelpoorly
5.Road Safety	H6, H18, H21	I know how to keep safe when crossing the road, and about people who can help me tostay safe	I can recognise when I feel frightened and know who to ask for help
6.Happy, Healthy Me Assessment Opportunity Puzzle outcome: Keeping cleanand healthy	R15, H5, H6, H18, H24,H30	I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy	I can recognise how being healthy helps meto feel happy

#### Vocabulary

Unhealthy, Balanced, Exercise, Sleep, Choices, Clean, Body parts, keeping clean, Toiletry items (e.g. toothbrush, shampoo, soap), Hygienic, Safe Medicines, Safety, Green Cross Code, Eyes, Ears, Look, Listen, Wait

# **Summer 1 - Relationships Puzzle Map - Y1**



Piece (lesson)	RSHE guidance reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions
1.Families	R1, R2, R3, R4	I can identify the members of my family and understand that there are lots of different types of families	I know how it feels to belong to a family and care about the people who are important tome
2.Making Friends	R7, R8, R9, R10, R11, R12	I can identify what being a good friendmeans to me	I know how to make a new friend
3.Greetings	R14, R19, R25, R26, R27,R28	I know appropriate ways of physical contactto greet my friends and know which ways I prefer	I can recognise which forms of physical contact are acceptable and unacceptable tome
4.People Who Help Us	R11, R16, R19, R25, R28,R32, H4	I know who can help me in my school community	I know when I need help and know how to ask for it
5.Being My Own Best Friend	R9, R10, R11, R15, R30,H3, H6	I can recognise my qualities as person anda friend	I know ways to praise myself
6.Celebrating My SpecialRelationships	R12, R13, R16, H2, H6	I can tell you why I appreciate someone whois special to me	I can express how I feel about them
Puzzle Outcome:			
BalloonsAssessment			
Opportunity			

#### Vocabulary

Belong, Same, Different, Friendship, Qualities, Caring, Sharing, Kind, Greeting, Touch, Feel, Texture, Like, Dislike, Help, Helpful, Community, Confidence, Praise, Skills, Self-belief, Incredible, Proud, Celebrate, Relationships, Special, Appreciate

# **Summer 2 - Changing Me Puzzle Map - Y1**





Piece (lesson)	RSHE guidance reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions
1.Life cycles	R1, R6	I am starting to understand the life cycles of animals and humans	I understand that changes happen as wegrow and that this is OK
2. Changing Me	H4	I can tell you some things about me thathave changed and some things about methat have stayed the same	I know that changes are OK and that sometimes they will happen whether I wantthem to or not
3.My Changing Body		I can tell you how my body has changed since I was a baby	I understand that growing up is natural andthat everybody grows at different rates
4.Learning and Growing Puzzle Outcome: Piece 5 Flowers	R15	I understand that every time I learnsomething new I change a little bit	I enjoy learning new things
5.Coping with Changes Assessment Opportunity	R32, H2, H3	I can tell you about changes that havehappened in my life	I know some ways to cope with changes
6. Preparing for changes		I can share how I am prepared for Y2	I know why I am ready for Y2

#### Vocabulary

Changes, Life cycles, Adulthood, Mature, Male, Female, Learn, New, Grow, Feelings, Anxious, Worried, Excited, Coping

