

Age Group	Autumn 1 Being Me in My World	Autumn 2 Celebrating Difference	Spring 1 Dreams and Goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 Changing Me
F1-F2	Self-identity Understanding feelings Being in a classroom Being gentle Rights and responsibilities	Identifying talents Being special Families Where we live Making friends Standing up for yourself	Challenges Never give up Goal setting Obstacles & support Flight to the future Award ceremony	Everybody's body We like to move it, move it! Food, Glorious food Sweet Dreams Keeping clean Stranger Danger	My Family and Me! Make Friends, Make Friends, Never Ever Break Friends! Part 1 & 2 Falling Out and Bullying Part 1 & 2 Being the Best Friend We Can Be	Bodies Respecting my body Growing up Fun and Fears Part 1 Fun and fears Part Celebrations <i>Preparing for transition (New Teacher)</i>
Vocabulary	Kind, Gentle, Friend, Similar(ity), Different, Rights, Responsibilities, Feelings, Angry, Happy, Excited, Nervous, Sharing, Taking Turns	Different, Special, Proud, Friends, Kind, Same, Similar, Happy, Sad, Frightened, Angry, Family	Dream, Goal, Challenge, Job, Ambition, Perseverance, Achievement, Happy, Kind, Encourage	Healthy, Exercise, Head, Shoulders, Knees, Toes, Sleep, Wash, Clean, Stranger, Scare	Family, Jobs, Relationship, Friend, Lonely, Argue, Fall-out, Words, Feelings, Angry, Upset, Calm me, Breathing	Eye, Foot, Eyebrow, Forehead, Ear, Mouth, Arm, Leg, Chest, Knee, Nose, Tongue, Finger, Toe, Stomach, Hand, Baby, Grown-up, Adult, Change, Worry, Excited, Memories
Year 1	Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the Learning Charter	Similarities – The same as... Differences - Different from What is bullying What do I do about bullying? Making new friends Celebrating the differences in everyone	Treasure chest to success Steps to goals Achieving together Stretchy learning Overcoming obstacles Celebrating success	Bering healthy Healthy choices Clean and Healthy Medicine safety Road safety Linking health and happiness	Families Making friends/being a good friend Greetings People who help us Being my own best friend Celebrating special relationships	Life cycles – animal and human Changing Me My changing body Growing and learning Coping with change Transition <i>Preparing for transition (New Teacher)</i>
Vocabulary	Safe, Special, Calm, Belonging, Special, Learning Charter, Jigsaw Charter, Rewards, Proud, Consequences, Upset, Disappointed, Illustration	Similarity, Same as, Different from, Difference, Bullying, Bullying behaviour, Deliberate, On purpose, Unfair, Included, Bully, Bullied, Celebrations, Special, Unique	Proud, Success, Treasure, Coins, Learning, Stepping-stones, Process, Working together, Team work, Celebrate, Learning, Stretchy, Challenge, Feelings, Obstacle, Overcome, Achieve	Unhealthy, Balanced, Exercise, Sleep, Choices, Clean, Body parts, Keeping clean, Toiletry items (e.g. toothbrush, shampoo, soap), Hygienic, Safe Medicines, Safe, Safety, Green Cross Code, Eyes, Ears, Look, Listen, Wait	Belong, Same, Different, Friendship, Qualities, Caring, Sharing, Kind, Greeting, Touch, Feel, Texture, Like, Dislike, Help, Helpful, Community, Confidence, Praise, Skills, Self-belief, Incredible, Proud, Celebrate, Relationships, Special, Appreciate	Changes, Life cycles, Adulthood, Mature, Male, Female, Learn, New, Grow, Feelings, Anxious, Worried, Excited, Coping
Year 2	Hopes and fears for the year Rights and responsibilities Rewards and consequences x2 Our learning Charter Owning our learning charter	Stereotypes about gender (Boys & Girls) Assumptions about gender (Boys & Girls part 2) Why does bullying happen? Standing up for self and others Gender diversity Celebrating difference and remaining friends	Goals to Success My learning strengths Learning with others Group challenge Group challenge part 2 Celebrating Achievements	Being Healthy Being Relaxed Medicine Safety Healthy eating Healthy eating/ Nutrition Healthier snacks and sharing food	Families Keeping Safe - exploring physical contact Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature Growing from young to old The Changing Me Keeping our bodies safe Y1 Assertiveness Looking Ahead <i>Preparing for transition (New Teacher)</i>
Vocabulary	Worries, Hopes, Fears, Responsible, Actions, Praise, Positive, Negative, Choices, Co-Operate, Problem-Solving	Boys, Girls, Similarities, Assumptions, Shield, Stereotypes, Special, Differences, Bully, Purpose, Unkind, Feelings, Sad, Lonely, Help, Stand up for, Male, Female, Diversity, Fairness, Kindness, Unique, Value	Realistic, Achievement, Goal, Strength, Persevere, Difficult, Easy, Learning Together, Partner, Product	Healthy choices, Lifestyle, Motivation, Relax, Relaxation, Tense, Calm, Dangerous, Medicines, Body, Balanced diet, Portion, Proportion, Energy, Fuel, Nutritious	Similarities, Special, Important, Co-operate, Physical contact, Communication, Hugs, Acceptable, Not acceptable, Conflict, Point of view, Positive problem solving, Secret, Surprise, Good secret, Worry secret, Telling, Adult, Trust, Happy, Sad, Frightened, Trust, Trustworthy, Honesty, Reliability, Compliments, Celebrate,	Change, Grow, Control, Fully grown, Growing up, Old, Young, Change, Respect, Appearance, Physical, Baby, Toddler, Child, Teenager, Independent, Timeline, Freedom, Responsibilities, Boys part, Girls parts, Privates, Public, Private, Touch, Texture, Cuddle, Hug, Squeeze, Like, Dislike, Acceptable, Unacceptable, Comfortable, Uncomfortable, Looking forward, Nervous, Happy
Year 3	Getting to know each other Our nightmare school Our dream school Rewards and consequences Our learning charter Owning our learning charter	Families Family conflict Witnessing bullying - (Focus only on what bullying is) Witness and solutions Words that harm Giving and receiving compliments	Dream and goals Dreams and ambitions New challenge Our new challenge Our new challenge part 2 Celebrating my learning	Being fit and healthy/Exercise Being fit and healthy/Making healthy choices What do I know about drugs? Being safe Safe and unsafe My amazing body	Family roles and responsibilities Friendship Keeping myself safe online Being a global citizen part 1 & 2 Celebrating my web	How babies grow (young to old) Family stereotypes Preparing for transition Preparing for transition (New Teacher)
Vocabulary	Welcome, Valued, Achievements, Pleased, Personal Goal, Acknowledge, Affirm, Emotions, Feelings, Nightmare, Solutions, Support, Dream, Behaviour, Fairness, Group Dynamics, Team Work, View Point, Ideal School, Belong	Loving, Caring, Safe, Connected, Conflict, Solve It Together, Solutions, Resolve, Witness, Bystander, Bullying, Feelings, Tell, Consequences, Hurtful, Compliment,	Perseverance, Challenges, Success, Obstacles, Dreams, Goals, Ambitions, Future, Aspirations, Garden, Decorate, Enterprise, Design, Co-operation, Strengths, Motivated, Enthusiastic, Excited, Efficient, Responsible, Frustration, 'Solve It Together' Technique, Solutions, Review, Learning, Evaluate	Oxygen, Calories/kilojoules, Heartbeat, Lungs, Heart, Fitness, Labels, Sugar, Fat, Saturated fat, Healthy, Drugs, Attitude, Anxious, Scared, Strategy, Advice, Harmful, Risk, Feelings, Complex, Appreciate, Body, Choice	Men, Women, Unisex, Male, Female, Stereotype, Career, Job, Role, Responsibilities, Respect, Differences, Similarities, Conflict, Win-win, Solution, Solve-it-together, Problem-solve, Internet, Social media, Online, Risky, Gaming, Safe, Unsafe, Private messaging (pm), Direct messaging (dm), Global, Communication, Fair	Birth, Animals, Babies, Mother, Grow, , Nutrients, Survive, Love, Affection, Care, Stereotypes, Task, Roles, Challenge

					trade, Inequality, Food journey, Climate, Transport, Exploitation, Rights, Needs,	
Year 4	Being part of a class team Being a school citizen Rights, responsibilities and democracy (school council) Rewards and consequences Our learning charter Owning our learning charter	Judging by appearance Understanding influences Understanding bullying Witnessing bullying and how to solve it (Y3) Problem-solving Identifying how special and unique everyone is	Hopes and dreams Broken Dreams Overcoming disappointment Creating new, realistic dreams Achieving goals We did it!	My friends and me Group dynamics Smoking Alcohol Healthy Friendships / Peer pressure Celebrating inner strength /Assertiveness	Jealousy Love and loss Memories of loved ones Getting on and Falling Out Celebrating my relationships with people and animals	Reflection Circles of change Accepting change Preparing for transition (Current Teacher) Preparing for transition (New Teacher)
Vocabulary	Included, Excluded, Role, Job Description, School Community, Democracy, Democratic, Decisions, Voting, Authority, Contribution, Observer, UN Convention on Rights of Child (UNCRC)	Character, Judgement, Surprised, Different, Appearance, Accept, Influence, Opinion, Attitude, Secret, Deliberate, On purpose, Bystander, Witness, Problem-solve, Gay, Cyber bullying, Text message, Website, Troll, Physical features, Impression, Changed	Hope, Determination, Resilience, Positive attitude, Disappointment, Fears, Hurts, Positive experiences, Plans, Cope, Help, Self-belief, Motivation, Commitment, Enterprise	Friendship, Emotions, Relationships, Friendship groups, Value, Roles, Leader, Follower, Assertive, Agree, Disagree, Smoking, Pressure, Peers, Guilt, Advice, Alcohol, Liver, Disease, Anxiety, Fear, Believe, Assertive, Opinion, Right, Wrong	Relationship, Close, Jealousy, Emotions, Positive, Negative, Loss, Shock, Disbelief, Numb, Denial, Guilt, Sadness, Pain, Despair, Hope, Souvenir, Memento, Memorial, Acceptance, Relief, Remember, Negotiate, Compromise, Loyal, Empathy, Betrayal, Amicable, Love.	Personal, Journey, Reflection, Targets, Circle, Seasons, Change, Control, Emotions, Acceptance
Year 5	My year ahead Being a citizen of my country Year 5 responsibilities Rewards and consequences Our learning charter Owning our learning charter	Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying Does money matter? Enjoying and respecting other cultures	When I grow up/ Future dreams Jobs and careers Dream job and how to get there Goals in different cultures Supporting others (charity) Rally support/Motivation	Smoking, including vaping Alcohol Emergency aid Body image Relationships with food Healthy me	Recognising Me Safety with online communities Being in an online community Online gaming My Relationship with Technology: Screen Time Relationships and technology	Self- and body image Reflection Coping with change Looking ahead Preparing for transition Preparing for transition (New Teacher) Optional but encouraged introduction to Puberty
Vocabulary	Ghana, West Africa, Cocoa Plantation, Cocoa Pods, Machete, Community, Education, Wants, Needs, Maslow, Empathy, Comparison, Opportunities, Education, Empathise, Obstacles, Co-operation, Collaboration, Legal, Illegal, Lawful, Laws, Participation, Motivation, Decision	Culture, Conflict, Similarity, Belong, Culture Wheel, Racism, Colour, Race, Discrimination, Ribbon, Rumour, Name-calling, Racist, Racism, Homophobic, Cyber bullying, Texting, Problem solving, Indirect, Direct, Happiness, Developing World, Celebration, Artefacts, Display, Presentation	Feeling, Money, Grown Up, Adult, Lifestyle, Job, Career, Profession, Money, Salary, Contribution, Society, Determination, Motivation, Culture, Country, Sponsorship, Communication, Support, Rallying, Team Work, Co-operation, Difference	Choices, Healthy behaviour, Unhealthy behaviour, Informed decision, Pressure, Media, Influence, Emergency, Procedure, Recovery position, Level-headed, Body image, Media, Social media, Celebrity, Altered, Self-respect, Comparison, Eating problem, Eating disorder, Respect, Debate, Opinion, Fact, Motivation	Personal attributes, Qualities, Characteristics, Self-esteem, Unique, Comparison, Negative self-talk, Social media, Online, Community, Positive, Negative, Safe, Unsafe, Rights, Social network, Violence, Grooming, Troll, Gambling, Betting, Trustworthy, Appropriate, Screen time, Physical health, Mental health, Off-line, Social, Peer pressure, Influences, Personal information, Passwords, Privacy, Settings, Profile, SMARTT rules	Body image, Self-image, Looks, Personality, Perception, Self-esteem, Affirmation, Comparison, , Age appropriateness, Legal, Laws, Responsible, Teenager, Responsibilities, Rights
Year 6	My year ahead Global citizenship part 1 & 2 Learning charter Our learning charter Owning our learning charter	Perceptions of normality Power struggles Why bully? Celebrating Differences Celebrating difference	Personal learning goals, in and out of school Steps to Success My dream for the world Making a difference in the world Helping to make a difference Recognising achievements	Taking personal responsibility Drugs Exploitation Gangs Emotional and mental health Managing stress	What is mental health? My mental health Love and loss Power and control Being online: Real or fake Using technology responsibly	Self-image Real self and ideal self Introduction of Puberty Preparing for Puberty Reflections about change Transition <i>Preparing for Y7</i>
Vocabulary	Challenge, Goal, Attitude, Citizen, Views, Opinion, Collective	Normal, Ability, Disability, Visual impairment, Empathy, Perception, Medication, Vision, Blind, Diversity, Gender Diversity, Courage, Fairness, Rights, Responsibilities, Power, Struggle, Imbalance, Harassment, Direct, Indirect, Argument, Recipient, Para-Olympian, Achievement, Accolade, Perseverance, Sport, Admiration, Stamina, Celebration	Learning, Stretch, Personal, Realistic, Unrealistic, Success, Criteria, Learning steps, Global issue, Suffering, Concern, Hardship, Sponsorship, Empathy, Motivation, Admire, Respect, Praise, Compliment, Contribution, Recognition	Responsibility, Immunisation, Prevention, Drugs, Effects, Prescribed, Unrestricted, Over-the-counter, Restricted, Illegal, Volatile substances, 'Legal highs', Exploited, Vulnerable, Criminal, Gangs, Pressure, Strategies, Reputation, Anti-social behaviour, Crime, Mental health, Emotional health, Mental illness, Symptoms, Stress, Triggers, Strategies, Managing stress, Pressure	Mental health, Ashamed, Stigma, Stress, Anxiety, Support, Worried, Signs, Warning, Self-harm, Emotions, Feelings, Sadness, Loss, Grief, Denial, Despair, Guilt, Shock, Hopelessness, Anger, Bereavement, Coping strategies, Power, Control, Authority, Bullying, Script, Assertive, Risks, Pressure, Influences, Self-control, Real/fake, True/untrue, Assertiveness, Judgement, Communication, Technology, Power, Cyber-bullying, Abuse, Safety	Negative body-talk, mental health, labour, opportunities, freedoms, , relationship, love,, transition, secondary, journey, worries, anxiety, excitement, puberty, sperm, semen, testicles, hormones, facial hair, testicles, growth spurt, penis, larynx, periods, ovaries, vagina, tampons, sanitary towels/pads