



Online Safety Curriculum Overview

Jigsaw (PSHE) lessons (Pieces) where online safety elements are addressed	Taught through discrete online safety sessions, using the Sheffield Scheme
---	---

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS		Celebrating Difference Piece 6: Standing Up for Yourself		Healthy Me Piece 6: Stanger Danger		
	FS.3: The Social Web How do I stay safe online? (S1/S2/S3)		FS.3: Life Style (L1/L2)		FS.3: Protecting Ourselves (P1)	
Year 1				Healthy Me Additional KS1 Lesson: Learning About the Internet	Relationships Additional KS1 Lesson: Being Safe Online	
	1.5 Understanding why we need passwords. (C1)	1.5: Personal Information (S1)	1.5: Communicating Online (S3)	1.5: Online and Offline friends and friends vs strangers. (P1)	1.5: Being Healthy and having fun online (L1)	1.5 What is the internet? (C2)
Year 2		Celebrating Difference Piece 3: Standing Up for Myself Piece 4: Why Does Bullying Happen?		Healthy Me Piece 2: Being Relaxed	Relationships Piece 4: Secrets Piece 5: Trust and Appreciation	
	2.5 Choosing what to do Online. (L2)	Being kind online. (S2)	2.5 Feeling uncomfortable Online. (P2)	2.5: Accepting messages, computer virus and pop ups. (C3)	2.5: Content creators and scary news (N1 and N2)	2.5: Searching Safely and copyright (P3)
Year 3	Being Me in My World Piece 4: Rewards and Consequences	Celebrating Difference Pieces 2-4: Bullying		Healthy Me Piece 4: Being Safe Piece 5: Safe or Unsafe Piece 6: My Amazing Body	Relationships Piece 3: Keeping Myself Safe Online	
	3.5: Lifestyle and sleep (L2)	3.5 Copyright (C3)	3.5: Age appropriate activity (L3)	3.5: Friendships Online (S1)	3.5: Strangers Online (P1)	3.5: Suspicious messages (C4)

Year 4	Being Me in My World Piece 4: Rewards and Consequences	Celebrating Difference Pieces 3-6: Bullying (focus on being a witness)	Dreams and Goals Piece 2: Broken Dreams Piece 3: Overcoming Disappoint	Healthy Me Piece 2: Group Dynamics Piece 6: Inner Strength	Relationships Piece 1: Jealousy Piece 4: Getting on and Falling out	
	4.5: Screen time and five a day (L1)	4.5: Safe searching and copyright, Sharing Online (P2)	4.5: Inappropriate content and advertising (C1)	4.5: Digital Media and Media Bias (N1 and N2)	4.5: Verifying Content and echo chambers (N3)	4.5: Personal information and data and improving Passwords (C2 and C5)
Year 5		Celebrating Difference Piece 3: Rumours and Name Calling Piece 4: Types of Bullying		Healthy Me Piece 4: Body Image Piece 6: Healthy Me	Relationships Piece 2: Safety within Online Communities Piece 3: Being in an Online Community Piece 4: Online Gaming Piece 5: Screen Time Piece 6: Relationships and Technology	Changing Me Piece 1: Self and Body Image
	5.5: Digital 5 a day and inaccurate health information (L4 and L3)	5.5: Social media anxiety and self-esteem (L1 and L2)	5.5: Personal information, terms and conditions and passwords. (C2 and C3)	5.5: Protecting our identity and protecting images of us online (P1 and P2)	5.5: Online stereotypes (L5)	5.5: Bias and Fake News (N2 and N3)
Year 6	Being Me in My World Piece 4: The Learning Charter	Celebrating Difference Piece 2: Power Struggles Piece 3: Why Bully?		Healthy Me Piece 1: Taking responsibility for my Health and Wellbeing Piece 3: Exploitation	Relationships Piece 2: My Mental Health Piece 4: Power and Control Piece 5: Real or Fake? Piece 6: Using Technology Responsibly	Changing Me Piece 1: My Self Image Piece 2: Real Self and Ideal Self
	6.5: Copyright linked to website unit and analysing digital media. (C4 and N1)	6.5: Game Ratings and does the internet make us happy? (L6 and L7)	6.5 Control and consent, social media and cyberbullying. (S1 and S2)	6.5: Unhealthy attention and meeting strangers online. (P3 and P4)	6.5: Internet advertising, and in app purchases and credit card information (C1 and C5)	6.5: Verifying information online and echo chambers (N4 and N5)

Additional resources to deliver further online safety:

Website	Who for?
Project Evolve https://projectevolve.co.uk/about/?gclid=EAlalQobChMIhZXAxm79gIVFuDtCh1sPwCsEAAYASAAEgKaf_D_BwE	Teachers (free to register)
Internet Watch Foundation https://www.iwf.org.uk/	Teachers
UK Safer Internet Centre https://saferinternet.org.uk/	Teachers
Parent Zone https://www.parents.parentzone.org.uk/	Parents
NSPCC https://www.nspcc.org.uk/keeping-children-safe/online-safety/	Parents