Sheffield City Council

Sheffield eLearning Service
improving outcomes - embracing technology

Foundation Stage - Sheffield Online Safety Curriculum

Online Safety Strand	Lifestyle & Health Well-Being, Mental Health, Identity, Stereotypes, Medical Information	The Social Web Social Media, Gaming, Friendships, Bullying, Reputation	Protecting Ourselves Sexual Content, Consent, Control, Meeting Strangers Online and in Real Life, Images	Commercial Risks Money, Privacy, Personal Information, Copyright, Online Security	News & Information The Media, Digital Literacy, Verifying Content
Foundation Stage	L1 - Sleep L2 - Choosing what to do online	S1 - Communicating Online S2 - Feeling Safe Online S3 - Personal Information	P1 - Online Friends	N/A	N/A

N.B. Text in blue are links to documents, presentations or websites. Please click on the links to be taken straight to the resource that you need.

Lifestyle & Health

Objectives	Discussions	Activities
L1 - Sleep Understand that screen time can affect sleep	**Presentation: Getting Enough Sleep** **Watch: Why is Sleep Important?** https://www.youtube.com/watch?v=FgCwrumLEhU Why do we need to get enough sleep? ● We won't get sick as often ● We will be less tired ● We will grow properly ● We will remember more ● We will be happier	**Activity: Getting Enough Sleep** *"Why do we need to go to sleep?"* Children decide why sleep is important Children discuss the pictures and stick in the ones that they think are correct
L2 - Choosing what to do online Understand that we need to decide which games to play and what to watch	**Presentation: What to watch?** Look at a variety of images: What is appropriate for children of your age? How do you know what to watch? What to play? What do you do if you're not sure? [Talk to an adult]	**Activity: What to watch?** Sort images into appropriate / not appropriate

The Social Web

Objectives	Discussions	Activities
S1 - Communicating Online Understand that we can communicate online.	**Presentation: Communicating online with Apps** Show children images of apps used to message, share pictures or take videos. Discuss how these apps can help us to talk online. Who has seen someone use these apps? Who uses these apps themselves? Are there any communication apps that we've missed?	**Activity 1: Communicating online** Print images of various items - physical communication, online communication and other things. Children circle the ones that we use to communicate online.
S2 - Feeling Safe Online Understand what to do when they see something that makes them feel unsafe or confused online	**Presentation: Feeling Safe Online** **Read:** Smartie the Penguin by Kidsmart.org.uk http://www.kidsmart.org.uk/teachers/ks1/sources/projet/The-Adventures-of-Smartie-the-Penguin.pdf Discuss what children should do if something upsets them online [talk to a trusted adult]	**Activity:** Learn the song from the 'Smartie the Penguin' book: *"Before you think"* http://www.kidsmart.org.uk/teachers/ks1/sources/projet/The-Adventures-of-Smartie-the-Penguin.pdf
S3 - Personal Information Understand that some information is private, and shouldn't be shared, especially amongst people you don't know that well.	**Presentation: Sharing Personal Information** **Hector's World - Episode 1:** **"**Details...Details..." https://www.youtube.com/watch?v=zEA7324y0OA Watch episode and make a list of information that is private ● Address ● Full name ● Telephone number ● School	**Activity:** On board, with whole class: Sort examples on the board into 2 piles: Safe to share / Private - Don't Share!

Protecting Ourselves

Objectives	Discussions	Activities
P1 - Online Friends Understand that it is easy to hide your identity online Understand that it is important to be kind online	**Presentation: Online friends** **Read Webster's Friend:** https://www.goodreads.com/book/show/25911753-webster-s-friend http://www.borndigitalbooks.co.uk/product/websters-friend/ Ask these questions: ● Is it easy to pretend to be someone else online? *[If we want to, we can hide our faces and voices online. Strangers online could change their name, age, profile picture and we would never know]* ● Why was Webster lying about his life? *[He wanted to be popular, to impress his new friend]* ● Why did he believe the other person? *[We are used to people telling the truth]* ● What did Webster do that was really sensible? *[Tell his dad, as soon as he felt worried]* ● Do you think Webster's dad would be angry, or happy? *[He should be happy, because Webster asked him for help, and staying safe is the most important thing]* ● Should you be honest about everything online? *[No]* ●What if someone asks for your real name? Your address? The name of your school? A photo of you? *[We should still use a username that is not our real name – this is not lying, but keeping ourselves safe. We shouldn't give away any personal information online.]* **Extension:** Watch this video: https://www.youtube.com/watch?v=0u6-2aCea-M ● What good choices did Molly make? ● How can you help people to be happy online?	**Continuous Provision:** Get some walkie-talkies/ cups and string etc. and role play having kind conversations. Make up a username, and use it when you talk to the other children.