



NUTRITIONIST APPROVED ✓

WEEK 2 SUMMER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HALAL CHOICE	Margherita pizza served with half of a jacket potato	All day breakfast of sausage, egg, beans and bread and butter	Roast beef, roast potatoes, Yorkshire pudding and gravy	Chicken and tomato pasta bake served with garlic bread	Fishfingers served with chunky chips and tomato ketchup
VEGAN CHOICE	Margherita pizza served with half of a jacket potato	Cheese and vegetable quesadilla served with pasta salad 	Quorn roast, roast potatoes, Yorkshire pudding and gravy	Quorn and tomato pasta bake served with garlic bread	Falafels in a pitta bread with salad, served with chunky chips and tomato ketchup
SANDWICH CHOICE	Cheese, tuna mayo or egg mayo wrap	Cheese, tuna mayo or egg mayo sandwich	Cheese, tuna mayo or egg mayo wrap	Cheese, tuna mayo or egg mayo sandwich	Cheese, tuna mayo or egg mayo wrap
JACKET POTATO	Beans, cheese or Tuna mayo	Beans, cheese or tuna mayo	Beans, cheese or tuna mayo	Beans, cheese or tuna mayo	Beans, cheese or Tuna mayo
ACCOMPANIMENTS 	Sweetcorn and peas	Baked beans and mushrooms	Cauliflower cheese and broccoli	Sweetcorn and carrots	Baked beans and peas
DESSERT FRESH FRUIT & YOGHURT	Upside down cheesecake Fresh fruit and yoghurt	Sticky toffee pudding and custard Fresh fruit and yoghurt	Fruit fool Fresh fruit and yoghurt	Chocolate brownie Fresh fruit and yoghurt	Ice cream Fresh fruit and yogurt



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE